

Hiawatha Valley League Championships - 5/13/2017 at Lake City High School

Women - Team Rankings - 18 Events Scored

| | | | |
|----------------------|--------|-----------------------|--------|
| 1) Byron | 196.50 | 2) Stewartville | 128.50 |
| 3) Lake City | 112 | 4) Kenyon-Wanamingo | 96 |
| 5) Rochester Lourdes | 83.50 | 6) Pine Island | 71 |
| 7) Cannon Falls | 66.50 | 8) Kasson-Mantorville | 52 |
| 9) Hayfield | 43 | 10) Triton Senior | 42 |
| 11) Zumbrota-Mazeppa | 27 | | |

Girls 100 Meter Dash

Meet Record: 12.64 1991 (hh+) Karla Stromme (Byron)
 Name Year School Seed Finals H# Points

Finals

| | | | | | | |
|-----------------------|----|--------------|-------|-------|---|--------|
| 1 Kinsey Koebele | 10 | Kasson-Manto | 13.16 | 13.30 | 5 | 12 |
| 2 Katie Lambrecht | 8 | Byron | 13.25 | 13.45 | 5 | 10 |
| 3 Ryan Willers | 8 | Lake City | 14.10 | 13.76 | 4 | 8 |
| 4 Sarah Dravis | 9 | Rochester Lo | 13.72 | 13.77 | 5 | 6 |
| 5 Hanna Lentsch | 9 | Kenyon-Wanam | 13.60 | 13.80 | 5 | 5 |
| 6 Afeu Unago | 9 | Rochester Lo | 13.49 | 13.81 | 5 | 4 |
| 7 Grace Hall | 11 | Cannon Falls | 13.46 | 13.85 | 5 | 3 |
| 8 Tessa Whitney | 11 | Byron | 13.88 | 13.87 | 4 | 2 |
| 9 Kiley Yankowiak | 11 | Triton Senio | 14.35 | 13.91 | 3 | 1 |
| 10 Jaidyn Brower | 8 | Stewartville | 14.41 | 13.98 | 3 | 13.974 |
| 11 Beighley Leth | 12 | Kasson-Manto | 13.87 | 13.98 | 5 | 13.978 |
| 12 Emily Rinken | 11 | Stewartville | 13.73 | 14.04 | 5 | |
| 13 Carlee Braun | 10 | Lake City | | 14.08 | 4 | |
| 14 Cassidy Clementson | 11 | Pine Island | 13.93 | 14.13 | 4 | |
| 15 Klara Soderstedt | 11 | Kasson-Manto | 14.36 | 14.31 | 3 | |
| 16 Emma Jensen | 12 | Byron | 14.17 | 14.32 | 4 | |
| 17 Dana George | 10 | Zumbrota-Maz | 14.45 | 14.33 | 3 | |
| 18 Corynne Dahl | 11 | Kenyon-Wanam | 14.31 | 14.38 | 4 | |
| 19 Kaitlyn Snyder | 12 | Cannon Falls | 13.97 | 14.45 | 4 | |
| 20 Taylor House | 9 | Pine Island | 14.64 | 14.46 | 3 | |
| 21 Liberty Leis | 8 | Rochester Lo | 14.14 | 14.47 | 4 | |
| 22 Kayla Lukes | 9 | Lake City | 14.64 | 14.48 | 3 | |
| 23 Amanda Rogers | 11 | Pine Island | 15.49 | 14.69 | 2 | |
| 24 Brooke Beissel | 10 | Cannon Falls | 14.52 | 14.82 | 3 | |
| 25 Kaela Horn | 11 | Kenyon-Wanam | 14.89 | 14.86 | 2 | |
| 26 Alyssa Mitchell | 9 | Triton Senio | 14.63 | 14.97 | 3 | |
| 27 Caitlyn Lundquist | 9 | Hayfield | 15.58 | 15.47 | 2 | |
| 28 Lauren Swenson | 11 | Stewartville | 14.86 | 15.72 | 2 | |
| 29 Kerstin Lindquist | 9 | Hayfield | 15.90 | 15.74 | 2 | |
| 30 Lexi Nicklay | 9 | Triton Senio | 16.68 | 15.83 | 1 | |
| 31 Lauren Louks | 10 | Hayfield | 16.24 | 16.10 | 1 | |
| 32 Leah Bauer | 9 | Zumbrota-Maz | | 16.20 | 1 | |
| -- Katie Lawler | 12 | Zumbrota-Maz | 14.90 | DNS | 2 | |

Girls 200 Meter Dash

Meet Record: 25.74 1979 (hh+) Laurie Hernke (Cannon Falls)
 Name Year School Seed Finals H# Points

| | | | | | | |
|-------------------|----|--------------|-------|-------|---|----|
| 1 CJ Adamson | 7 | Rochester Lo | 26.62 | 26.46 | 5 | 12 |
| 2 Maia Peterson | 8 | Stewartville | 27.63 | 27.49 | 5 | 10 |
| 3 Katie Lambrecht | 8 | Byron | 27.31 | 27.74 | 5 | 8 |
| 27.731 | | | | | | |
| 4 Kinsey Koebele | 10 | Kasson-Manto | 28.06 | 27.74 | 4 | 6 |
| 27.735 | | | | | | |
| 5 Tess Hokanson | 11 | Kenyon-Wanam | 27.90 | 27.75 | 5 | 5 |

| | | | | | | | |
|----|------------------|----|--------------|-------|-------|---|---|
| 6 | Brittney Arndt | 12 | Pine Island | 27.54 | 27.79 | 5 | 4 |
| 7 | Hanna Lentsch | 9 | Kenyon-Wanam | 28.29 | 27.86 | 4 | 3 |
| 8 | Lana Yeakel | 10 | Zumbrota-Maz | 27.59 | 27.94 | 5 | 2 |
| 9 | Grayce Adler | 12 | Lake City | 28.19 | 28.01 | 4 | 1 |
| 10 | Payton Sampson | 9 | Byron | 28.26 | 28.11 | 4 | |
| 11 | Taylor Jerde | 11 | Cannon Falls | 28.47 | 28.24 | 4 | |
| 12 | Abby Stasko | 10 | Hayfield | 28.73 | 28.31 | 4 | |
| 13 | Taryn Orser | 9 | Kasson-Manto | 29.15 | 28.48 | 3 | |
| 14 | Kiley Yankowiak | 11 | Triton Senio | 29.11 | 28.51 | 3 | |
| 15 | Abigail Ziebell | 12 | Lake City | 28.91 | 28.58 | 3 | |
| 16 | Kasandra Keller | 10 | Kenyon-Wanam | 29.59 | 28.71 | 3 | |
| 17 | Afeu Unago | 9 | Rochester Lo | 28.05 | 28.74 | 5 | |
| 18 | Jade Einertson | 10 | Rochester Lo | 27.99 | 28.79 | 5 | |
| 19 | Anna Rechtzigel | 11 | Kasson-Manto | 29.85 | 28.96 | 3 | |
| 20 | Tegan Boyer | 9 | Byron | 28.67 | 28.97 | 4 | |
| 21 | Alexandra Louks | 12 | Hayfield | 29.07 | 29.06 | 3 | |
| 22 | Kailee Brower | 11 | Stewartville | 30.02 | 29.31 | 3 | |
| 23 | Lindy Edstrom | 10 | Cannon Falls | 28.94 | 29.35 | 3 | |
| 24 | Emily Klingsporn | 11 | Pine Island | 30.21 | 30.01 | 2 | |
| 25 | Olivia Thomley | 10 | Cannon Falls | 28.72 | 30.05 | 4 | |
| 26 | Hannah Tempel | 12 | Hayfield | 31.00 | 30.26 | 2 | |
| 27 | Jenna Jensen | 10 | Triton Senio | 30.65 | 30.56 | 2 | |
| 28 | Kylee Bro | 9 | Stewartville | 31.56 | 30.74 | 1 | |
| 29 | Morgan VanHouten | 10 | Pine Island | 30.50 | 30.75 | 2 | |
| 30 | Dana George | 10 | Zumbrota-Maz | 30.42 | 30.85 | 2 | |
| 31 | Allison Kubista | 11 | Lake City | 30.11 | 31.05 | 2 | |
| 32 | Taylor Benson | 9 | Zumbrota-Maz | | 33.33 | 1 | |
| 33 | Katia Gautrin | 11 | Triton Senio | 33.72 | 33.71 | 1 | |

Girls 400 Meter Dash

| | | | | | | | |
|--------------|--------------------|--------|--------------|-------------------------------|---------|--------|--|
| Meet Record: | | 59.40 | 2001 | Anna Moes (Rochester Lourdes) | | | |
| Meet Record: | | 59.64 | 1988 | (hh+) Liz Leaf (Lake City) | | | |
| Name | Year | School | Seed | Finals | H# | Points | |
| 1 | Tess Hokanson | 11 | Kenyon-Wanam | 1:00.68 | 1:00.64 | 4 12 | |
| 2 | Hailey Lewis | 8 | Stewartville | 1:01.51 | 1:01.02 | 4 10 | |
| 3 | Lilly Meincke | 7 | Lake City | 1:02.74 | 1:02.09 | 4 8 | |
| 4 | Lana Yeakel | 10 | Zumbrota-Maz | 1:03.47 | 1:03.03 | 4 6 | |
| 5 | Allison Smith | 9 | Rochester Lo | 1:04.52 | 1:04.25 | 4 5 | |
| 6 | Kasandra Keller | 10 | Kenyon-Wanam | 1:05.06 | 1:04.62 | 4 4 | |
| 7 | Margaret Boyce | 9 | Rochester Lo | 1:05.70 | 1:04.66 | 4 3 | |
| 8 | Hannah Coleman | 8 | Byron | 1:05.70 | 1:04.71 | 3 2 | |
| 9 | Breanna Ihde | 10 | Pine Island | | 1:04.90 | 1 1 | |
| 10 | Megan Gerhart | 9 | Pine Island | 1:05.78 | 1:04.91 | 3 | |
| 11 | Lauren Johnson | 7 | Cannon Falls | 1:05.91 | 1:05.77 | 3 | |
| 12 | Taryn Orser | 9 | Kasson-Manto | 1:05.20 | 1:05.98 | 4 | |
| 13 | Emma Johnston | 9 | Stewartville | 1:08.68 | 1:05.99 | 2 | |
| 14 | Grace Baudhuin | 9 | Rochester Lo | 1:07.42 | 1:06.22 | 3 | |
| 15 | Emma Vanbenschoten | 9 | Byron | 1:10.12 | 1:06.71 | 2 | |
| 16 | Gloria Nelson | 9 | Stewartville | 1:06.87 | 1:06.80 | 3 | |
| 17 | Morgan VanHouten | 10 | Pine Island | 1:09.50 | 1:07.72 | 2 | |
| 18 | Hallie Willers | 11 | Lake City | 1:08.57 | 1:08.14 | 2 | |
| 19 | Maclyn Smith | 7 | Kasson-Manto | 1:08.08 | 1:08.58 | 3 | |
| 20 | Anna Giese | 9 | Cannon Falls | 1:10.61 | 1:09.74 | 2 | |
| 21 | Daynalyn Jostock | 12 | Lake City | 1:08.73 | 1:10.11 | 2 | |
| 22 | Olivia Gossard | 12 | Kasson-Manto | 1:10.83 | 1:10.22 | 2 | |
| 23 | Katie Kehret | 9 | Byron | 1:08.44 | 1:10.70 | 3 | |
| 24 | Sam Sheridan | 9 | Zumbrota-Maz | 1:13.44 | 1:11.93 | 2 | |
| 25 | Katia Gautrin | 11 | Triton Senio | 1:16.54 | 1:16.47 | 1 | |
| 26 | Naomi Downes | 9 | Zumbrota-Maz | 1:15.95 | 1:19.26 | 1 | |
| 27 | Belle Freeberg | 8 | Cannon Falls | 1:08.19 | 1:21.83 | 3 | |
| -- | Orion Olson | 10 | Kenyon-Wanam | 1:15.51 | DNS | 1 | |

-- Elyse Bestor 8 Triton Senio 1:15.61 DNS 1

Girls 800 Meter Run

| Meet Record: 2:18.30 2010 Laurel Ramer (Kasson-Mantorville) | | | | | | |
|---|------|--------------|---------|---------|----|--------|
| Name | Year | School | Seed | Finals | H# | Points |
| 1 Taylor Kreitinger | 10 | Byron | 2:24.39 | 2:22.42 | 3 | 12 |
| 2 Nell Graham | 10 | Triton Senio | 2:25.58 | 2:23.71 | 3 | 10 |
| 3 Skyler Jacobson | 11 | Zumbrota-Maz | 2:30.20 | 2:26.96 | 3 | 8 |
| 4 Mckenzie Evans | 10 | Kasson-Manto | 2:29.22 | 2:28.17 | 3 | 6 |
| 5 Liv Kozlowski | 11 | Lake City | 2:28.37 | 2:31.09 | 3 | 5 |
| 6 Avri Kundert | 10 | Pine Island | 2:39.69 | 2:32.89 | 2 | 4 |
| 7 Maryx Young | 8 | Hayfield | 2:36.08 | 2:34.70 | 3 | 3 |
| 8 Isabella Gossman | 10 | Rochester Lo | 2:36.00 | 2:36.14 | 3 | 2 |
| 9 Maddie Patterson | 12 | Kenyon-Wanam | 2:42.65 | 2:36.50 | 2 | 1 |
| 10 Gloria Nelson | 9 | Stewartville | 2:39.68 | 2:37.57 | 2 | |
| 11 Calen Scholl | 9 | Zumbrota-Maz | 2:41.85 | 2:41.11 | 2 | |
| 12 Phebe Nelson | 9 | Lake City | 2:40.01 | 2:41.48 | 2 | |
| 13 Ally Akervik | 9 | Byron | 2:36.30 | 2:41.95 | 3 | |
| 14 Noelle VanOort | 8 | Kasson-Manto | 2:46.55 | 2:45.81 | 1 | |
| 15 Tori Oliver | 9 | Lake City | 2:44.03 | 2:46.15 | 2 | |
| 16 Annika Thomley | 12 | Cannon Falls | 2:47.05 | 2:46.69 | 1 | |
| 17 Caitlyn Severson | 11 | Hayfield | 2:44.44 | 2:47.65 | 2 | |
| 18 Alyssa Rauk | 10 | Pine Island | 2:46.95 | 2:48.02 | 1 | |
| 19 Anna Otto | 9 | Rochester Lo | 2:41.48 | 2:48.63 | 2 | |
| 20 Brenna Essig | 8 | Triton Senio | 2:45.83 | 2:51.64 | 2 | |
| 21 Rylee Tjossem | 11 | Rochester Lo | 2:51.83 | 2:52.33 | 1 | |
| 22 Lily Johnson | 11 | Cannon Falls | 2:54.94 | 2:57.66 | 1 | |
| 23 Jetishi Albburona | 12 | Cannon Falls | 3:02.41 | 2:59.12 | 1 | |
| 24 McKenna O'Connor | 7 | Hayfield | 2:59.03 | 2:59.99 | 1 | |
| 25 Hannah Fischer | 11 | Kenyon-Wanam | 3:03.05 | 3:04.24 | 1 | |
| 26 Riley Dummer | 9 | Kenyon-Wanam | 2:53.50 | 3:08.42 | 1 | |
| 27 Alyssa Cordes | 12 | Byron | 3:23.89 | 3:16.61 | 1 | |
| -- Lauren Monosmith | 9 | Pine Island | | DNS | 1 | |
| -- Laura Pedelty | 10 | Stewartville | 2:26.23 | DNS | 3 | |
| -- Sophie Gossard | 10 | Kasson-Manto | 2:44.20 | DNS | 2 | |
| -- Abby Orvis | 11 | Stewartville | 2:32.34 | DNS | 3 | |

Girls 1600 Meter Run

| Meet Record: 5:01.99 5/12/2012 Emi Trost, Cannon Falls | | | | | | |
|--|------|--------------|---------|---------|----|--------|
| Name | Year | School | Seed | Finals | H# | Points |
| 1 Courtney West | 11 | Triton Senio | 5:10.67 | 5:15.38 | 2 | 12 |
| 2 Taylor Kreitinger | 10 | Byron | 5:14.09 | 5:15.39 | 2 | 10 |
| 3 Kailee Malone | 9 | Stewartville | 5:23.39 | 5:30.14 | 2 | 8 |
| 4 Lauryn Reiner | 9 | Rochester Lo | 5:27.20 | 5:33.68 | 2 | 6 |
| 5 Maryx Young | 8 | Hayfield | 5:44.57 | 5:35.22 | 2 | 5 |
| 6 Skyler Jacobson | 11 | Zumbrota-Maz | 5:41.45 | 5:40.47 | 2 | 4 |
| 7 Tiana Wiebke | 8 | Kasson-Manto | 5:43.93 | 5:42.32 | 2 | 3 |
| 8 Lauren Berg | 11 | Kenyon-Wanam | 5:55.71 | 5:47.39 | 2 | 2 |
| 9 Jocasta Adelsman | 11 | Pine Island | 5:46.63 | 5:52.57 | 2 | 1 |
| 10 Gracie Waltman | 9 | Stewartville | 5:50.20 | 5:53.55 | 2 | |
| 11 Emelia Carlson | 9 | Byron | 5:54.17 | 5:56.62 | 2 | |
| 12 Phebe Nelson | 9 | Lake City | 6:02.24 | 5:59.21 | 2 | |
| 13 Olivia Field | 7 | Stewartville | 6:00.10 | 6:00.11 | 2 | |
| 14 Tori Oliver | 9 | Lake City | 6:15.53 | 6:01.99 | 1 | |
| 15 Sophie Gossard | 10 | Kasson-Manto | 6:05.18 | 6:03.15 | 1 | |
| 16 Bella Talbot | 9 | Rochester Lo | 5:55.41 | 6:05.11 | 2 | |
| 17 Brenna Nelson | 9 | Lake City | 6:17.50 | 6:07.16 | 1 | |
| 18 Kasey Dummer | 12 | Kenyon-Wanam | 6:03.56 | 6:09.77 | 1 | |
| 19 Brenna Essig | 8 | Triton Senio | 6:04.18 | 6:12.32 | 1 | |

| | | | | | | |
|----|-------------------|----|--------------|---------|---------|---|
| 20 | Lauren Muerer | 10 | Pine Island | 6:21.98 | 6:13.18 | 1 |
| 21 | Alyssa Rauk | 10 | Pine Island | 6:23.05 | 6:26.06 | 1 |
| 22 | Madison Hall | 8 | Cannon Falls | 6:18.16 | 6:26.86 | 1 |
| 23 | Gabriela Reges | 12 | Byron | 6:36.20 | 6:30.49 | 1 |
| 24 | Gwendolyn Dole | 9 | Kasson-Manto | 6:38.51 | 6:43.79 | 1 |
| 25 | Paetyn Stadler | 10 | Hayfield | 6:35.32 | 6:44.23 | 1 |
| 26 | Lillie O'Connor | 10 | Hayfield | 6:44.22 | 6:45.92 | 1 |
| 27 | Abigail VanZuilen | 12 | Cannon Falls | 6:59.53 | 7:04.46 | 1 |
| 28 | Madi Enger | 11 | Zumbrota-Maz | | 8:38.40 | 1 |
| -- | Yuhan Tao | 12 | Rochester Lo | 6:59.99 | DNS | 1 |
| -- | Sophie Epps | 10 | Cannon Falls | 5:47.53 | DNS | 2 |

Girls 3200 Meter Run

| Meet Record: | | 11:09.70 | 2009 | Kyle Blakeslee (Cannon Falls) | | |
|--------------|---------------------|----------|--------------|-------------------------------|----------|----|
| Name | Year | School | Seed | Finals | Points | |
| 1 | Courtney West | 11 | Triton Senio | 11:13.13 | 12:16.23 | 12 |
| 2 | Isabel Field | 9 | Stewartville | 12:03.55 | 12:35.16 | 10 |
| 3 | Johannah Clementson | 9 | Lake City | 12:28.61 | 12:46.46 | 8 |
| 4 | Sidney Renelt | 11 | Lake City | 12:57.58 | 13:00.58 | 6 |
| 5 | Rebekah Gustine | 9 | Pine Island | 12:43.78 | 13:14.62 | 5 |
| 6 | Lauren Berg | 11 | Kenyon-Wanam | 12:25.72 | 13:19.70 | 4 |
| 7 | Gracie Waltman | 9 | Stewartville | 12:57.54 | 13:22.97 | 3 |
| 8 | Casey Vagts | 8 | Cannon Falls | 13:04.85 | 13:29.08 | 2 |
| 9 | Julia Koplín | 9 | Lake City | 12:58.29 | 13:30.95 | 1 |
| 10 | Brett Hanson | 12 | Cannon Falls | 13:21.76 | 13:37.32 | |
| 11 | Meg Degen | 9 | Rochester Lo | 12:54.40 | 13:38.87 | |
| 12 | Emma Arteaga | 7 | Byron | 13:26.70 | 13:40.10 | |
| 13 | Annika Johnson | 9 | Byron | 13:26.78 | 14:16.81 | |
| 14 | Kallie Alders | 10 | Zumbrota-Maz | | 14:27.26 | |
| 15 | Annika Adelsman | 9 | Pine Island | 13:24.82 | 14:31.53 | |
| 16 | Naomi Meek | 7 | Byron | 13:41.32 | 14:37.35 | |
| 17 | Noelle Worstman | 12 | Kasson-Manto | 14:30.00 | 15:00.22 | |
| -- | Tiana Wiebke | 8 | Kasson-Manto | 12:21.39 | DNS | |
| -- | Sophie Epps | 10 | Cannon Falls | 12:54.32 | DNS | |

Girls 100 Meter Hurdles

| Meet Record: | | 15.54 | 1991 | (hh+) Martha Harris (Byron) | | | |
|--------------|-------------------|--------|--------------|-----------------------------|-------|--------|--------|
| Name | Year | School | Seed | Finals | H# | Points | |
| 1 | Mara Quam | 12 | Kenyon-Wanam | 15.59 | 15.56 | 4 | 12 |
| 2 | Emma Weatherly | 11 | Byron | 15.78 | 15.91 | 4 | 10 |
| 3 | Autumn Brandau | 12 | Byron | 16.89 | 16.87 | 4 | 8 |
| 4 | Juliana Boyum | 9 | Kenyon-Wanam | 18.11 | 17.28 | 3 | 6 |
| 5 | Libby Christenson | 12 | Stewartville | 17.51 | 17.48 | 4 | 5 |
| 6 | Riley Pennington | 12 | Lake City | 17.53 | 17.64 | 4 | 4 |
| 7 | Lara Boyum | 12 | Kasson-Manto | 17.77 | 17.70 | 4 | 3 |
| 8 | Grace Weinrich | 12 | Lake City | 17.89 | 17.86 | 3 | 2 |
| 9 | Emma Johnson | 8 | Byron | 17.88 | 17.97 | 4 | 1 |
| 10 | Ashley Veronen | 8 | Lake City | 18.48 | 18.01 | 3 | |
| 11 | Isabella Wiggins | 11 | Pine Island | 18.30 | 18.54 | 3 | |
| 12 | Chloe Staub | 8 | Triton Senio | 17.35 | 18.72 | 4 | |
| 13 | Julia Jarvi | 9 | Cannon Falls | 18.59 | 18.73 | 3 | |
| 14 | Kaitlyn Vold | 10 | Kenyon-Wanam | 19.27 | 18.98 | 3 | |
| 15 | Lyndi Schubert | 7 | Kasson-Manto | 19.25 | 19.03 | 3 | |
| 16 | Kalli Jo Klocke | 11 | Hayfield | 19.90 | 19.19 | 2 | |
| 17 | Anna Schroeder | 11 | Cannon Falls | 18.83 | 19.54 | 3 | |
| 18 | Kenai Weinhold | 9 | Stewartville | 21.34 | 19.93 | 2 | 19.921 |
| 19 | Caitlyn Lundquist | 9 | Hayfield | 20.38 | 19.93 | 2 | 19.924 |
| 20 | Emilee Burr | 8 | Cannon Falls | 20.18 | 20.34 | 2 | |
| 21 | Taylor Smedberg | 9 | Rochester Lo | 20.13 | 20.46 | 2 | |

| | | | | | | |
|----|----------------|----|--------------|-------|-------|---|
| 22 | Clara Hooyer | 9 | Pine Island | 21.75 | 20.76 | 1 |
| 23 | Savanna Echols | 12 | Zumbrota-Maz | 20.99 | 20.81 | 2 |
| 24 | Lauralee Eaton | 11 | Pine Island | 21.24 | 20.94 | 2 |
| 25 | Ellie Reicks | 9 | Rochester Lo | 23.00 | 21.14 | 1 |
| 26 | Macy Brown | 8 | Rochester Lo | 21.48 | 21.86 | 2 |
| 27 | Olivia Otto | 8 | Stewartville | 23.00 | 22.48 | 1 |
| -- | Elyse Bestor | 8 | Triton Senio | 22.59 | DNS | 1 |

Girls 300 Meter Hurdles

| Meet Record: 45.90 5/10/2014 Brielle Bierman, La Crescent | | | | | | |
|---|-------------------|--------|--------------|---------|---------|----------|
| Name | Year | School | Seed | Finals | H# | Points |
| 1 | Libby Christenson | 12 | Stewartville | 49.66 | 49.10 | 4 12 |
| 2 | Riley Pennington | 12 | Lake City | 50.59 | 50.00 | 4 10 |
| 3 | Lara Boyum | 12 | Kasson-Manto | 50.08 | 50.85 | 4 8 |
| 4 | Julia Jarvi | 9 | Cannon Falls | 53.46 | 50.97 | 3 6 |
| 5 | Claire Graham | 8 | Byron | 51.07 | 51.22 | 4 5 |
| 6 | Grace Warmsbecker | 8 | Byron | 52.02 | 52.59 | 4 4 |
| 7 | Emma Johnson | 8 | Byron | 54.22 | 52.75 | 3 3 |
| 8 | Lyndi Schubert | 7 | Kasson-Manto | 53.21 | 53.15 | 3 2 |
| 9 | Grace Weinrich | 12 | Lake City | 51.25 | 53.24 | 4 1 |
| 10 | Miranda Steinfadt | 11 | Hayfield | 55.54 | 53.41 | 2 |
| 11 | Carly Fredrickson | 10 | Zumbrota-Maz | 53.06 | 53.47 | 4 |
| 12 | Ashley Veronen | 8 | Lake City | 52.33 | 53.70 | 4 |
| 13 | Kendra Petersohn | 9 | Triton Senio | 54.84 | 54.38 | 3 |
| 14 | Carley Tjossem | 9 | Rochester Lo | 56.89 | 54.91 | 2 54.902 |
| 15 | Kaitlyn Vold | 10 | Kenyon-Wanam | 55.93 | 54.91 | 2 54.906 |
| 16 | Emilee Burr | 8 | Cannon Falls | 54.85 | 55.39 | 3 |
| 17 | Corynne Dahl | 11 | Kenyon-Wanam | 54.87 | 55.61 | 3 |
| 18 | Isabella Wiggins | 11 | Pine Island | 53.75 | 55.63 | 3 |
| 19 | Kenai Weinhold | 9 | Stewartville | 59.24 | 55.78 | 1 |
| 20 | Macy Brown | 8 | Rochester Lo | 57.80 | 56.60 | 2 |
| 21 | Kalli Jo Klocke | 11 | Hayfield | 59.38 | 57.13 | 1 |
| 22 | Chloe Staub | 8 | Triton Senio | 55.41 | 57.49 | 3 |
| 23 | Clara Hooyer | 9 | Pine Island | 1:00.10 | 57.59 | 1 |
| 24 | Julia Dahl | 7 | Kenyon-Wanam | 59.16 | 58.08 | 2 |
| 25 | Taylor Smedberg | 9 | Rochester Lo | 56.87 | 58.09 | 2 |
| 26 | Anna Schroeder | 11 | Cannon Falls | 56.39 | 59.12 | 2 |
| 27 | Nala Osterbauer | 7 | Pine Island | 57.89 | 1:01.60 | 2 |

Girls 4x100 Meter Relay

| Meet Record: 50.88 2009 Triton | | | | | | |
|-------------------------------------|-------------------------|-------------------------|-------|--------|----|--------|
| Meet Record: 50.94 1989 (hh+) Byron | | | | | | |
| School | Year | School | Seed | Finals | H# | Points |
| 1 | Lake City | | 52.72 | 52.32 | 2 | 12 |
| | 1) Abby Ziebell 12 | 2) Carlee Brunn 10 | | | | |
| | 3) Ryan Willers 8 | 4) Grayce Adler 12 | | | | |
| 2 | Byron | | 52.67 | 52.42 | 2 | 10 |
| | 1) Katie Lambrecht 8 | 2) Autumn Brandau 12 | | | | |
| | 3) Hannah L. Coleman 12 | 4) Tessa Whitney 11 | | | | |
| 3 | Cannon Falls | | 53.06 | 53.43 | 2 | 8 |
| | 1) Grace Hall 11 | 2) Brooke Beissel 10 | | | | |
| | 3) Taylor Jerde 11 | 4) Kaitlyn Snyder 12 | | | | |
| 4 | Stewartville | | 53.87 | 53.96 | 2 | 6 |
| | 1) Emily Rinken 11 | 2) Libby Christenson 12 | | | | |
| | 3) Jaidyn Brower 8 | 4) Kylee Bro 9 | | | | |
| 5 | Kenyon-Wanamingo | | 55.14 | 54.39 | 2 | 5 |
| | 1) Gretchen Anderson 10 | 2) Juliana Boyum 9 | | | | |
| | 3) Kaela Horn 11 | 4) Hanna Lentsch 9 | | | | |
| 6 | Pine Island | | 54.74 | 54.54 | 2 | 4 |

| | | | | | |
|--------------------------|-------------------------|-------|-------|---|-----------------|
| 1) Cassidy Clementson 11 | 2) Emily Klingsporn 11 | | | | |
| 3) Taylor House 9 | 4) Nala Osterbauer 7 | | | | |
| 7 Triton Senior | | 55.72 | 55.12 | 1 | 3 |
| 1) Jenna Jensen 10 | 2) Kendra Petersohn 9 | | | | |
| 3) Alyssa Mitchell 9 | 4) Kiley Yankowiak 11 | | | | |
| 8 Rochester Lourdes | | 54.12 | 56.70 | 2 | 2 |
| 1) Natalie Kielty 10 | 2) Julia Buntrock 11 | | | | |
| 3) Rylee Tjossem 11 | 4) Liberty Leis 8 | | | | |
| 9 Zumbrota-Mazeppa | | 56.65 | 57.34 | 1 | 1 |
| 1) Savanna Echols 12 | 2) Katie Lawler 12 | | | | |
| 3) Amanda Edstrom 12 | 4) Kyra Nichols 10 | | | | |
| 10 Hayfield | | 57.19 | 57.75 | 1 | |
| 1) Kalli Jo Klocke 11 | 2) Miranda Steinfadt 11 | | | | |
| 3) Caitlyn Lundquist 9 | 4) Kerstin Lindquist 9 | | | | |
| 11 Kasson-Mantorville | | 54.87 | 59.32 | 2 | 1-2 Out of zone |
| 1) Klara Soderstedt 11 | 2) Lyndi Schubert 7 | | | | |
| 3) Beighley Leth 12 | 4) Maclyn Smith 7 | | | | |

Girls 4x200 Meter Relay

| ===== | | | | | |
|--------------------------|-------------------------|------|-------------------|---------|-----------|
| Meet Record: | 1:46.84 | 1977 | y (hh+) Plainview | | |
| School | | | Seed | Finals | H# Points |
| ===== | | | | | |
| 1 Rochester Lourdes | | | 1:48.91 | 1:48.39 | 2 12 |
| 1) Sarah Dravis 9 | 2) Jade Einertson 10 | | | | |
| 3) Afeu Unago 9 | 4) CJ Adamson 7 | | | | |
| 2 Stewartville | | | 1:50.10 | 1:49.37 | 2 10 |
| 1) Emily Rinken 11 | 2) Hailey Lewis 8 | | | | |
| 3) Maia Peterson 8 | 4) Kailee Brower 11 | | | | |
| 3 Pine Island | | | 1:54.19 | 1:49.54 | 2 8 |
| 1) Cassidy Clementson 11 | 2) Sara Schartau 11 | | | | |
| 3) Brittney Arndt 12 | 4) Eliza Warneke 12 | | | | |
| 4 Kenyon-Wanamingo | | | 1:51.69 | 1:50.34 | 2 6 |
| 1) Mara Quam 12 | 2) Kasandra Keller 10 | | | | |
| 3) Corynne Dahl 11 | 4) Tess Hokanson 11 | | | | |
| 5 Lake City | | | 1:52.67 | 1:50.96 | 2 5 |
| 1) Abby Ziebell 12 | 2) Grayce Adler 12 | | | | |
| 3) Riley Pennington 12 | 4) Liv Kozlowski 11 | | | | |
| 6 Byron | | | 1:52.45 | 1:51.42 | 2 4 |
| 1) Tegan Boyer 9 | 2) Kirsten Nelson 10 | | | | |
| 3) Payton Sampson 9 | 4) Katie Kehret 9 | | | | |
| 7 Cannon Falls | | | 1:53.04 | 1:53.38 | 2 3 |
| 1) Grace Hall 11 | 2) Lindy Edstrom 10 | | | | |
| 3) Taylor Jerde 11 | 4) Olivia Thomley 10 | | | | |
| 8 Hayfield | | | 1:57.06 | 1:55.12 | 1 2 |
| 1) Hannah Tempel 12 | 2) Lila Gronseth 9 | | | | |
| 3) Alexandra Louks 12 | 4) Abby Stasko 10 | | | | |
| 9 Zumbrota-Mazeppa | | | 1:57.52 | 1:59.28 | 1 1 |
| 1) Dana George 10 | 2) Carly Fredrickson 10 | | | | |
| 3) Maddie Banks 10 | 4) Kyra Nichols 10 | | | | |
| 10 Kasson-Mantorville | | | 1:55.26 | 2:00.20 | 1 |
| 1) Klara Soderstedt 11 | 2) Lauren Flickinger 7 | | | | |
| 3) Brianna Haala 8 | 4) Maclyn Smith 7 | | | | |

Girls 4x400 Meter Relay

| ===== | | | | | |
|--------------------|---------------------|------|-------------------------------------|---------|-----------|
| Meet Record: | 4:04.34 | 2010 | Kasson-Mantorville, Kasson-Mant. | | |
| | | | C Weber, H Buchl, A Manitz, L Ramer | | |
| School | | | Seed | Finals | H# Points |
| ===== | | | | | |
| 1 Stewartville | | | 4:07.56 | 4:12.12 | 2 12 |
| 1) Maia Peterson 8 | 2) Laura Pedelty 10 | | | | |

| | | | | | |
|------------------------|-------------------------|---------|---|-------|--|
| 3) Hailey Lewis 8 | 4) Kailee Malone 9 | | | | |
| 2 Lake City | 4:22.15 | 4:18.03 | 2 | 10 | |
| 1) Lilly Meincke 7 | 2) Liv Kozlowski 11 | | | | |
| 3) Ryan Willers 8 | 4) Hallie Willers 11 | | | | |
| 3 Rochester Lourdes | 4:20.94 | 4:18.93 | 2 | 8 | |
| 1) Sarah Dravis 9 | 2) Lauryn Reiner 9 | | | | |
| 3) Jade Einertson 10 | 4) Allison Smith 9 | | | | |
| 4 Pine Island | 4:22.10 | 4:23.78 | 2 | 6 | |
| 1) Sara Schartau 11 | 2) Brittney Arndt 12 | | | | |
| 3) Avri Kundert 10 | 4) Breanna Ihde 10 | | | | |
| 5 Byron | 4:22.09 | 4:24.23 | 2 | 5 | |
| 1) Hannah Coleman 8 | 2) Claire Graham 8 | | | | |
| 3) Payton Sampson 9 | 4) Taylor Kreitinger 10 | | | | |
| 6 Zumbrota-Mazeppa | 4:26.25 | 4:25.34 | 2 | 4 | |
| 1) Lana Yeakel 10 | 2) Carly Fredrickson 10 | | | | |
| 3) Calen Scholl 9 | 4) Skyler Jacobson 11 | | | | |
| 7 Hayfield | 4:36.49 | 4:27.72 | 1 | 3 | |
| 1) Maryx Young 8 | 2) Alexandra Louks 12 | | | | |
| 3) Hannah Tempel 12 | 4) Abby Stasko 10 | | | | |
| 8 Kenyon-Wanamingo | 4:40.52 | 4:30.93 | 1 | 2 | |
| 1) Victoria Clouse 12 | 2) Gretchen Anderson 10 | | | | |
| 3) Maddie Patterson 12 | 4) Juliana Boyum 9 | | | | |
| 9 Triton Senior | 4:45.64 | 4:31.82 | 1 | 1 | |
| 1) Brenna Essig 8 | 2) Kendra Petersohn 9 | | | | |
| 3) Jenna Jensen 10 | 4) Nell Graham 10 | | | | |
| 10 Cannon Falls | 4:30.75 | 4:42.86 | 2 | | |
| 1) Belle Freeberg 8 | 2) Lily Park 8 | | | | |
| 3) Kaitlyn Snyder 12 | 4) Lauren Johnson 7 | | | | |
| -- Kasson-Mantorville | 4:27.03 | DQ | 2 | 2-3 3 | |
| before zone | | | | | |
| 1) Lara Boyum 12 | 2) Kinsey Koebele 10 | | | | |
| 3) Mckenzie Evans 10 | 4) Taryn Orser 9 | | | | |

Girls 4x800 Meter Relay

| ===== | | | | | |
|------------------------|--------------------------|----------|---|--|--|
| Meet Record: | 9:45.26 | 2010 | Kasson-Mantorville, Kasson-Mant. | | |
| | | | H Mikkalson, A Bratrud, A Manitz, L Ramer | | |
| School | Seed | Finals | Points | | |
| ===== | | | | | |
| 1 Stewartville | 9:58.21 | 10:16.24 | 12 | | |
| 1) Laura Pedelty 10 | 2) Abby Orvis 11 | | | | |
| 3) Isabel Field 9 | 4) Kailee Malone 9 | | | | |
| 2 Pine Island | 10:28.76 | 10:24.91 | 10 | | |
| 1) Jocasta Adelsman 11 | 2) Sara Schartau 11 | | | | |
| 3) Avri Kundert 10 | 4) Breanna Ihde 10 | | | | |
| 3 Rochester Lourdes | 10:26.78 | 10:28.84 | 8 | | |
| 1) Bella Talbot 9 | 2) Isabella Gossman 10 | | | | |
| 3) Anna Otto 9 | 4) Margaret Boyce 9 | | | | |
| 4 Lake City | 10:40.71 | 10:39.95 | 6 | | |
| 1) Hallie Willers 11 | 2) Sidney Renelt 11 | | | | |
| 3) Julia Anderson 12 | 4) Johannah Clementson 9 | | | | |
| 5 Byron | 10:18.17 | 10:51.85 | 5 | | |
| 1) Ally Akervik 9 | 2) Lauren Nepstad 9 | | | | |
| 3) Emelia Carlson 9 | 4) Annika Johnson 9 | | | | |
| 6 Cannon Falls | 11:16.61 | 11:12.71 | 4 | | |
| 1) Annika Thomley 12 | 2) Madison Hall 8 | | | | |
| 3) Brett Hanson 12 | 4) Casey Vagts 8 | | | | |
| 7 Kenyon-Wanamingo | 11:12.04 | 11:23.55 | 3 | | |
| 1) Kasey Dummer 12 | 2) Riley Dummer 9 | | | | |
| 3) Maddie Patterson 12 | 4) Hannah Fischer 11 | | | | |
| 8 Kasson-Mantorville | 11:09.86 | 11:27.57 | 2 | | |
| 1) Gwendolyn Dole 9 | 2) Brianna Haala 8 | | | | |
| 3) Noelle VanOort 8 | 4) Olivia Smith 8 | | | | |

| | | | | | |
|----|-------------------|----|--------------|---------|---------|
| 17 | Grace Pierson | 8 | Lake City | 4-02.00 | 4-04.00 |
| | 4-04 4-06 | | | | |
| | XXO XXX | | | | |
| -- | Carly Fredrickson | 10 | Zumbrota-Maz | 4-02.00 | NH |
| | 4-04 | | | | |
| | XXX | | | | |
| -- | Sam Sheridan | 9 | Zumbrota-Maz | 3-10.00 | NH |
| | 4-04 | | | | |
| | XXX | | | | |
| -- | Calen Scholl | 9 | Zumbrota-Maz | 4-00.00 | NH |
| | 4-04 | | | | |
| | XXX | | | | |
| -- | Mariah Lang | 12 | Triton Senio | 4-08.00 | NH |
| | 4-04 | | | | |
| | XXX | | | | |
| -- | Belle Horstman | 8 | Rochester Lo | 4-08.00 | NH |
| | 4-04 | | | | |
| | XXX | | | | |
| -- | Olivia Pennington | 8 | Lake City | 4-02.00 | NH |
| | 4-04 | | | | |
| | XXX | | | | |
| -- | Avri Kundert | 10 | Pine Island | 4-04.00 | NH |
| | 4-04 | | | | |
| | XXX | | | | |

Girls Pole Vault

| Meet Record: | | 11-00 | 2008 | Shannon Stever (La Crescent) | | | | | |
|--------------|----------------------------------|--------|--------------|------------------------------|----------|------|--|--|--|
| Name | Year | School | Seed | Finals | Points | | | | |
| 1 | Hannah L. Coleman | 12 | Byron | 10-06.00 | 10-00.00 | 12 | | | |
| | 8-06 9-00 9-06 10-00 10-06 11-00 | | | | | | | | |
| | O O O O P XX | | | | | | | | |
| 2 | Autumn Brandau | 12 | Byron | 10-00.00 | 9-06.00 | 10 | | | |
| | 8-06 9-00 9-06 10-00 | | | | | | | | |
| | O O O XXX | | | | | | | | |
| 3 | Kalli Jo Klocke | 11 | Hayfield | 9-04.00 | 9-00.00 | 8 | | | |
| | 7-06 8-00 8-06 9-00 9-06 | | | | | | | | |
| | O O XO XO XXX | | | | | | | | |
| 4 | Isabella Wiggins | 11 | Pine Island | 9-00.00 | 8-06.00 | 6 | | | |
| | 7-00 7-06 8-00 8-06 9-00 | | | | | | | | |
| | XO XO XO O XXX | | | | | | | | |
| 5 | Ellie Stodden | 9 | Cannon Falls | 8-00.00 | 8-00.00 | 5 | | | |
| | 7-00 7-06 8-00 8-06 | | | | | | | | |
| | O XO O XXX | | | | | | | | |
| 6 | Julia Cordes | 10 | Rochester Lo | 8-06.00 | 8-00.00 | 4 | | | |
| | 7-00 7-06 8-00 8-06 | | | | | | | | |
| | O O XO XXX | | | | | | | | |
| 7 | Paige Coleman | 9 | Byron | 8-00.00 | 8-00.00 | 3 | | | |
| | 7-00 7-06 8-00 8-06 | | | | | | | | |
| | O XO XO XXX | | | | | | | | |
| 8 | Kira Jacobson | 11 | Cannon Falls | 7-06.00 | 7-06.00 | 1.50 | | | |
| | 7-00 7-06 8-00 | | | | | | | | |
| | O O XXX | | | | | | | | |
| 8 | Emily Kruger | 9 | Stewartville | 7-06.00 | 7-06.00 | 1.50 | | | |
| | 7-00 7-06 8-00 | | | | | | | | |
| | O O XXX | | | | | | | | |
| 10 | Jora Gergen | 10 | Kasson-Manto | 7-00.00 | 7-06.00 | | | | |
| | 7-00 7-06 8-00 | | | | | | | | |
| | XXO O XXX | | | | | | | | |
| 11 | Hannah Grimm | 9 | Lake City | 7-06.00 | 7-06.00 | | | | |
| | 7-00 7-06 8-00 | | | | | | | | |

| | | | | | |
|----|----------------|----|--------------|---------|---------|
| | O XXO XXX | | | | |
| 12 | Maddie Banks | 10 | Zumbrota-Maz | 8-00.00 | 7-06.00 |
| | 7-00 7-06 8-00 | | | | |
| | XO XXO XXX | | | | |
| 13 | Gabbie Schei | 9 | Stewartville | 7-00.00 | 7-00.00 |
| | 7-00 7-06 | | | | |
| | O XXX | | | | |
| 13 | Megan Gerhart | 9 | Pine Island | 7-06.00 | 7-00.00 |
| | 7-00 7-06 | | | | |
| | O XXX | | | | |
| 15 | Kayla Lukes | 9 | Lake City | 6-06.00 | 7-00.00 |
| | 7-00 7-06 | | | | |
| | XO XXX | | | | |
| 15 | Lexi Macht | 11 | Zumbrota-Maz | 6-00.00 | 7-00.00 |
| | 7-00 7-06 | | | | |
| | XO XXX | | | | |
| 17 | Alana Robinson | 12 | Cannon Falls | 7-06.00 | 7-00.00 |
| | 7-00 7-06 | | | | |
| | XXO XXX | | | | |
| -- | Brenna Nelson | 9 | Lake City | 6-09.00 | NH |
| | 7-00 | | | | |
| | XXX | | | | |
| -- | Bailey Kuball | 10 | Pine Island | 6-06.00 | NH |
| | 7-00 | | | | |
| | XXX | | | | |
| -- | Paetyn Stadler | 10 | Hayfield | 7-00.00 | NH |
| | 7-00 | | | | |
| | XXX | | | | |
| -- | Grace Worden | 9 | Kasson-Manto | 7-06.00 | NH |
| | 7-00 | | | | |
| | XXX | | | | |
| -- | Ellie Fryer | 10 | Stewartville | 7-00.00 | NH |
| | 7-00 | | | | |
| | XXX | | | | |

Girls Long Jump

| Meet Record: 18-00 1979 | | Sue Carter (Plainview) | | | | |
|-------------------------|-------------------|------------------------|--------------|----------|----------|----|
| Name | Year | School | Seed | Finals | Points | |
| 1 | Mara Quam | 12 | Kenyon-Wanam | 18-07.25 | 18-01.75 | 12 |
| 2 | Emma Weatherly | 11 | Byron | 16-08.00 | 16-02.75 | 10 |
| 3 | Eliza Warneke | 12 | Pine Island | | 16-02.00 | 8 |
| 4 | CJ Adamson | 7 | Rochester Lo | 16-07.00 | 16-01.75 | 6 |
| 5 | Kaly Banks | 11 | Cannon Falls | 16-00.00 | 16-00.50 | 5 |
| 6 | Grayce Adler | 12 | Lake City | 16-03.25 | 15-11.25 | 4 |
| 7 | Julia Anderson | 12 | Lake City | 15-05.50 | 15-02.50 | 3 |
| 8 | Paige Fode | 11 | Byron | 15-07.50 | 15-01.75 | 2 |
| 9 | Olivia Thomley | 10 | Cannon Falls | 14-11.00 | 15-01.50 | 1 |
| 10 | Tess Hokanson | 11 | Kenyon-Wanam | 15-04.50 | 15-01.25 | |
| 11 | Molly Bowen | 10 | Cannon Falls | 15-00.25 | 15-00.75 | |
| 12 | Katie Kehret | 9 | Byron | 14-11.50 | 14-10.50 | |
| 13 | Julia Cordes | 10 | Rochester Lo | 15-06.00 | 14-08.25 | |
| 14 | Lara Boyum | 12 | Kasson-Manto | 14-10.50 | 14-06.00 | |
| 15 | Kailee Brower | 11 | Stewartville | 14-07.50 | 14-05.75 | |
| 16 | Hannah Tempel | 12 | Hayfield | 15-01.25 | 14-04.75 | |
| 17 | Lana Yeakel | 10 | Zumbrota-Maz | 15-01.00 | 14-03.25 | |
| 18 | Kinsey Koebele | 10 | Kasson-Manto | 14-08.00 | 14-00.25 | |
| 18 | Jenna Jensen | 10 | Triton Senio | 15-07.00 | 14-00.25 | |
| 20 | Kylee Bro | 9 | Stewartville | 14-03.00 | 13-11.50 | |
| 21 | Emily Klingsporn | 11 | Pine Island | 12-09.00 | 13-05.75 | |
| 22 | Amy Lofgren | 11 | Stewartville | 13-03.00 | 13-02.75 | |
| 23 | Lauren Flickinger | 7 | Kasson-Manto | 12-03.50 | 13-02.50 | |

| | | | | | |
|----|-------------------|----|--------------|----------|----------|
| 24 | Liberty Leis | 8 | Rochester Lo | 15-07.00 | 13-00.25 |
| 25 | Miranda Steinfadt | 11 | Hayfield | 13-05.50 | 12-09.00 |
| 26 | Amanda Edstrom | 12 | Zumbrota-Maz | 12-08.50 | 12-08.75 |
| 27 | Lizzy Nelson | 11 | Pine Island | 11-11.00 | 12-05.25 |
| 28 | Lila Gronseth | 9 | Hayfield | 13-10.00 | 12-04.25 |
| 29 | Mariah Lang | 12 | Triton Senio | 12-03.00 | 11-06.25 |
| 30 | Katia Gautrin | 11 | Triton Senio | 12-02.00 | 10-02.00 |

Girls Triple Jump

| Meet Record: 36-05 2001 | | Lauren Burmeister (Hayfield) | | | | |
|-------------------------|---------------------|------------------------------|--------------|----------|----------|----|
| Name | Year | School | Seed | Finals | Points | |
| 1 | Mara Quam | 12 | Kenyon-Wanam | 36-08.75 | 36-09.75 | 12 |
| 2 | Emma Weatherly | 11 | Byron | 36-09.00 | 36-06.50 | 10 |
| 3 | Kaly Banks | 11 | Cannon Falls | 37-00.75 | 36-01.25 | 8 |
| 4 | Eliza Warneke | 12 | Pine Island | 35-09.00 | 34-09.25 | 6 |
| 5 | Julia Anderson | 12 | Lake City | 32-06.75 | 32-10.25 | 5 |
| 6 | Payton Sampson | 9 | Byron | 32-02.50 | 32-09.50 | 4 |
| 7 | Paige Fode | 11 | Byron | 33-03.00 | 32-02.25 | 3 |
| 8 | Chloe Staub | 8 | Triton Senio | 32-04.00 | 32-00.75 | 2 |
| 9 | Molly Bowen | 10 | Cannon Falls | 34-02.00 | 31-08.25 | 1 |
| 10 | Maggie Thom | 8 | Rochester Lo | 28-08.50 | 31-01.50 | |
| 11 | Kassandra Keller | 10 | Kenyon-Wanam | 30-11.00 | 31-00.25 | |
| 12 | Emily Kruger | 9 | Stewartville | 31-11.00 | 30-08.00 | |
| 13 | Carlee Braun | 10 | Lake City | 31-09.00 | 30-06.00 | |
| 14 | Kyra Nichols | 10 | Zumbrota-Maz | 30-01.00 | 30-00.00 | |
| 15 | Anna Rechtzigel | 11 | Kasson-Manto | 30-03.00 | 29-10.50 | |
| 16 | Breanna Ihde | 10 | Pine Island | 30-00.25 | 29-09.75 | |
| 17 | Gina Grosland | 12 | Cannon Falls | 29-11.00 | 29-07.00 | |
| 18 | Johannah Clementson | 9 | Lake City | 29-03.50 | 28-01.25 | |
| 19 | Madison Rediske | 10 | Stewartville | 27-01.00 | 27-10.50 | |
| 20 | Taylor Smedberg | 9 | Rochester Lo | 28-01.00 | 27-08.50 | |
| 21 | Kylee Bro | 9 | Stewartville | 31-11.50 | 27-06.00 | |
| 22 | Lizzy Nelson | 11 | Pine Island | 27-02.00 | 27-04.75 | |
| 23 | Carley Tjossem | 9 | Rochester Lo | 27-08.00 | 27-01.75 | |
| 24 | Brenna Essig | 8 | Triton Senio | 27-09.00 | 26-00.50 | |
| 25 | Mariah Lang | 12 | Triton Senio | 26-04.00 | 25-09.50 | |
| 26 | Kerstin Lindquist | 9 | Hayfield | 24-03.00 | 25-02.00 | |

Girls Shot Put

| Meet Record: 41-07 1997 | | Meaghan Beck (Byron) | | | | |
|-------------------------|-------------------|----------------------|--------------|----------|----------|----|
| Name | Year | School | Seed | Finals | Points | |
| 1 | Ayoka Lee | 11 | Byron | 40-02.00 | 38-06.25 | 12 |
| 2 | Hailey Bahr | 11 | Byron | 37-10.00 | 35-09.00 | 10 |
| 3 | Makenna Theobald | 10 | Stewartville | 34-09.00 | 34-08.50 | 8 |
| 4 | Kyra Abrams | 12 | Byron | 33-00.50 | 33-02.75 | 6 |
| 5 | Daynaly Jostock | 12 | Lake City | 29-06.50 | 31-04.25 | 5 |
| 6 | Katrina Thoe | 11 | Hayfield | 32-09.50 | 31-02.50 | 4 |
| 7 | Lila Gronseth | 9 | Hayfield | 30-06.50 | 31-01.75 | 3 |
| 8 | Laurel Custer | 10 | Lake City | 31-07.00 | 30-06.50 | 2 |
| 9 | Paige Miest | 10 | Cannon Falls | 31-10.00 | 29-02.00 | 1 |
| 10 | Raina Stecher | 8 | Stewartville | 29-00.00 | 28-04.00 | |
| 11 | Brooke Gullickson | 10 | Kasson-Manto | 29-05.50 | 27-01.50 | |
| 12 | Jamilyn Nerstad | 9 | Stewartville | 24-11.50 | 26-09.75 | |
| 13 | Kira Jacobson | 11 | Cannon Falls | 28-08.00 | 26-01.50 | |
| 14 | Kayla Melhouse | 11 | Cannon Falls | 26-06.00 | 25-02.00 | |
| 15 | Klara Soderstedt | 11 | Kasson-Manto | 26-03.00 | 24-04.00 | |
| 16 | Carley Platte | 10 | Lake City | 25-01.00 | 24-01.50 | |
| 17 | Catherine Patel | 10 | Rochester Lo | 23-01.50 | 23-11.00 | |
| 18 | Alyssa Mitchell | 9 | Triton Senio | 22-00.00 | 23-09.75 | |

| | | | |
|----------------------|-----------------|----------|----------|
| 19 Alyssa Bronk | 12 Pine Island | 23-04.00 | 22-08.25 |
| 20 Ashley Hallstrom | 8 Kasson-Manto | 29-01.00 | 22-01.00 |
| 21 Claire Doehling | 11 Kenyon-Wanam | 23-02.00 | 21-11.75 |
| 22 Mackenzie Markham | 9 Pine Island | | 21-10.25 |
| 23 Celina Sheda | 10 Zumbrota-Maz | 23-05.00 | 21-09.00 |
| 24 Neva Voeltz | 10 Pine Island | 24-04.50 | 21-07.50 |
| 25 Stephanie Voegele | 11 Kenyon-Wanam | 21-09.00 | 20-11.00 |
| 26 Taylor Benson | 9 Zumbrota-Maz | 22-02.50 | 20-10.00 |
| 27 Afondi Unago | 9 Rochester Lo | 24-10.00 | 20-09.50 |
| 28 Debbie Czech | 10 Zumbrota-Maz | 18-10.50 | 18-07.50 |
| 29 Emily Cordes | 8 Rochester Lo | 20-00.00 | 16-08.50 |
| 30 Kayce Redican | 11 Triton Senio | 16-01.50 | 15-06.00 |

Girls Discus Throw

| Meet Record: 127-10 1998 | | Nicole Wellik (Stewartville) | | | |
|--------------------------|------|------------------------------|----------|--------|--------|
| Name | Year | School | Seed | Finals | Points |
| 1 Katrina Thoe | 11 | Hayfield | 111-01 | 120-02 | 12 |
| 2 Makenna Theobald | 10 | Stewartville | 07-09.50 | 109-03 | 10 |
| 3 Kyra Abrams | 12 | Byron | 107-10 | 108-05 | 8 |
| 4 Laurel Custer | 10 | Lake City | 101-00 | 105-07 | 6 |
| 5 Raina Stecher | 8 | Stewartville | 99-03 | 105-01 | 5 |
| 6 Hailey Bahr | 11 | Byron | 90-11 | 99-01 | 4 |
| 7 Lila Gronseth | 9 | Hayfield | 105-04 | 97-02 | 3 |
| 8 Maddie Patterson | 12 | Kenyon-Wanam | 92-02 | 93-00 | 2 |
| 9 Paige Miest | 10 | Cannon Falls | 96-08 | 89-09 | 1 |
| 10 Daynalyn Jostock | 12 | Lake City | 82-04 | 88-05 | |
| 11 Ayoka Lee | 11 | Byron | 93-05 | 85-08 | |
| 12 Catherine Patel | 10 | Rochester Lo | 93-11 | 84-02 | |
| 13 Alyssa Bronk | 12 | Pine Island | 77-00 | 73-06 | |
| 14 Grace Foster | 11 | Cannon Falls | 71-10 | 72-11 | |
| 15 Kira Jacobson | 11 | Cannon Falls | 83-00 | 71-00 | |
| 16 Savanna Echols | 12 | Zumbrota-Maz | 74-01 | 69-03 | |
| 17 Neva Voeltz | 10 | Pine Island | 68-00 | 68-04 | |
| 18 Ashley Hallstrom | 8 | Kasson-Manto | 70-03 | 65-05 | |
| 19 Olivia Gossard | 12 | Kasson-Manto | 62-01 | 64-06 | |
| 20 Nicole Simonson | 12 | Kenyon-Wanam | 82-00 | 64-00 | |
| 21 Anabelle Jorgensen | 9 | Stewartville | 67-08.50 | 62-07 | |
| 22 Celina Sheda | 10 | Zumbrota-Maz | 60-07 | 61-05 | |
| 23 Mackenzie Markham | 9 | Pine Island | 57-11.75 | 59-06 | |
| 24 Claire Doehling | 11 | Kenyon-Wanam | 61-05 | 59-04 | |
| 25 Lindsey Fick | 10 | Lake City | 64-03 | 55-02 | |
| 25 Lindsay Stussy | 10 | Zumbrota-Maz | 58-09 | 55-02 | |
| 27 Kerstin Lindquist | 9 | Hayfield | 57-03 | 54-05 | |
| 28 Emily Cordes | 8 | Rochester Lo | 66-03 | 54-01 | |
| 29 Afondi Unago | 9 | Rochester Lo | 71-00 | 53-07 | |
| 30 Kayce Redican | 11 | Triton Senio | 43-03 | 45-03 | |
| -- Brooke Gullickson | 10 | Kasson-Manto | 61-05 | FOUL | |
| -- Lexi Nicklay | 9 | Triton Senio | 58-03 | FOUL | |